

# Surfaces Spread Germs

How to Protect Yourself and Others



Nearly **17 million** workdays are lost each year due to the flu, which adds up to about **\$7 billion** per year in sick days and lost productivity. That's **\$411 per employee per day** lost due to the flu.<sup>1</sup>

## Germs are spread on surfaces, by people and through the air.



Influenza viruses can survive on hard surfaces such as stainless steel and plastic for up to 48 hours.<sup>2</sup>



Hand sanitizer (37%) and disinfecting wipes (36%) top employees' list of items they would keep at their work station during cold and flu season and wish employers made available in the office.<sup>3</sup>



The telephone (48%), keyboard and mouse (38%) are considered germ hot spots in the office during cold and flu season.<sup>3</sup>



Nearly all employees agree (86%) that disinfecting surfaces is one of the best ways to prevent germ transmission.<sup>3</sup>

## Reduce the spread of cold and flu viruses in the office.



Get the flu vaccine



Stay home if you are sick



Routinely clean and disinfect personal and communal surfaces with a registered disinfectant such as Clorox® Disinfecting Wipes



Wash hands regularly with soap and water or use hand sanitizer



Sneeze and cough into your elbow or a tissue

1. "Influenza (Flu) in the Workplace." Centers for Disease Control and Prevention (2019, June 5). Retrieved from: <http://www.cdc.gov/niosh/topics/flu/activities.html>.  
 2. "How to clean and disinfect schools to help slow the spread of flu." Centers for Disease Control and Prevention (2019, June 5). Retrieved from: <https://www.cdc.gov/flu/school/cleaning.htm>.  
 3. Clorox Professional Products Company Survey, May 2015.